



Patient Self-Management

Core Concepts

1. Dignity and Respect:

- Healthcare practitioners listen to and respect patient and family choices, values and beliefs; cultural backgrounds are included in the planning and delivery of care.

2. Information Sharing:

- Health care practitioners communicate and share complete and unbiased information with patients and families in affirming and useful ways.

3. Participation:

- Patients and families are supported and encouraged to participate in decisions and care planning at any level they choose.

4. Collaboration:

- Patients, families, and healthcare practitioners collaborate in development, implementation and evaluation of the plan of care and the delivery of care

5. Empowerment:

- The patient has equal power and responsibility in goal setting, treatment options and decision making.